# Frequently Asked Questions

Q: Who do I call?

- A: Blizzard Bike Club on Facebook
- A: www.blizzardbikeclub.com
- Q: I can't join because my bike is old.
- A: Don't worry about your type of bike. Come out anyway.
- Q: My kids are looking for something to do this summer.
- A: Bring them out to cycle with us.
- Q: I'm too slow.
- A: We can show you how to enjoy biking and get better. We have riders of every ability in the club.
- Q: How much does it cost to join?
- A: Only \$80.00/year/adult, \$50/year/under 16.
- Q: Once again, I'm too slow.
- A: We can help you learn to be more efficient and become faster.

Q:Do you ride during the winter months? A: YES we do. Indoors and Outdoors

- Q: I don't bike, is there anything I can do for the club?
- A: We are always looking for volunteers. From race times to trail builders.

#### Our rules are simple:

- Wear a helmet, of course,
- Keep your bike in safe condition
- Follow the rules of the road.
- Tri bars accepted at time trial events.
- You are an ambassador for the Blizzard Bicycle Club. Everyone knows who we are and can identify us. We have an excellent reputation.



## 2019 SEASON INFORMATION AND WELCOME BROCHURE

CYCLING IN THE NORTH PEACE SINCE 1981

AFFILIATED WITH THE ALBERTA BICYCLE ASSOCIATION

## **CLUB RIDES AND EVENTS**

The Blizzard Bike Club meets for many events and rides. Here is a quick summary of our schedule:

**Weekly Rides** (May - September. Weather permitting)

- Wednesday night ice cream/latte ride. Meet at 7pm\* Northern Light College.
- Saturday croissant ride. Meet at 10am Baked patio.

**Weekly Races** (See Schedule for complete details. Rarely Canceled)

- Tuesday night mountain bike races
  7pm\*. Meet at Beatton Provincial Park.
  May August
- Thursday night time trial 7pm\*. Meet at Baldonnel School. April August
- Sunday road race. 10am or 2pm. Watch Schedule for start times and location.
- Sunday Cyclo Cross. Sept October
- Winter Turbo Training

\*Can start earlier to accommodate daylight.

#### Championship Races/Series

- Roubiax Cup Series
- Spring Stage Series
- Rocky Road Race
- King & Queen of Spring
- Time Trial Championship
- Road Championship
- Mountain Bike Endurance
- Hill Climb Championship
- Mountain Bike Championship
- Fallen Leaves Race
- Muddy Face Race

Please visit the Blizzard Facebook/Web page for ride/race updates and schedule.

**Welcome** to the Blizzard Bicycle Club and another year of cycling in the North Peace. This is the, "*Best Little Bike Club in the Cosmos*". We offer a wide range of cycling and fitness experiences for all athletes of all ages and fitness levels. You will meet a great bunch of people, get fitter than you thought possible and have a good time doing it! We ride mountain bikes as well as road bikes. It does not matter if it is a fancy bike or an economy model. Come out and ride with us and just have fun.

#### Who We Are

The Blizzard Bike Club was started in 1982 and we were incorporated under the Society's Act in 1985. Currently, we are affiliated with the Alberta Bicycle Association (ABA) and the Canadian Cycling Association (CCA). The switch to the ABA was made in 1997 because the Alberta events are much more accessible to this region. BC events were too far away making weekend travel impossible.

Annual club membership ranges from 60 to 100 members, that makes the Blizzard Club one of the top three clubs in BC. We are very active, all year round.

Club meetings happen the first Wednesday of every month. We need your input and help to ensure club vitality, so come on out! Meetings are generally limited to an hour so we won't keep you long.

The club executive consists of a President, two Vice-presidents, a Secretary-Treasurer and six Directors. These are elected annually at an Annual General Meeting in May.

Our registered club colours are red and white and our club jerseys are emblazoned with the logo noted on the front of the brochure. Jerseys are available from time to time Ask a member of the executive if you would like to get one.

We have a tremendous amount of expertise available for new riders. There are club coaches/mentors for cycling, triathlons, running, swimming and bike maintenance. Ask someone if you have a question. Almost all of our riders started knowing little or nothing but were eager to learn.

We have been a highly successful racing club over the years. We have a number of great riders/athletes, past and present. Our members compete and ride all over the world.

The club often sends a contingent to Provincial Championship events in Alberta provided they are licensed. These events consist of road, time trial, criterium, mountain bike and track championships as listed on the ABA calendar.

#### <u>There's More</u>

In addition to the many championships, the club presents B.A.R. trophies. The "**BAR**" trophies are for total points added up over the years' eligible races. We have a BAR trophy for almost every age group. Age groups start at 9 and go on up to 65+.

**AGE CATEGORIES** (age as of Dec. 31 of season of racing)

- Peewee: up to 12
- Minime: 13 14
- Cadet: 15 16
- Junior: 17 18
- Senior: 19 29
- Veteran A: 30 39
- Veteran B: 40 49
- Veteran C: 50 59
- Veteran D: 60 and up

#### Club Memberships

Signing up is simple. Follow the link on our website, or go directly to Zone 4, and sign up for The Blizzard Bike Club. Registration is now online only.

As soon as you are a member, you will get the **"Bliz this Week'** weekly email about what is happening, by famous author Pat Ferris.

#### Mountain Bike Trails

We refer to our mountain bike circuit as Beatton Provincial Park. There are scheduled rides in addition to MTB events noted in the calendar. We are continuously expanding and working on our trails with regular work bees, so please come out and volunteer if you can.

#### Randonneuring

Although not directly linked to the club, our schedule lists the many brivets hosted in the peace region by the BC Randonneurs. Rides range from shorter populaire (100km - 150km) to brivets (200km - 1200km). These events are not timed, but must be completed in a set amount of time(minimum and maximum). Rewarded with a pin, and a healthy appetite, they have some additional fees. Please ask for more information if you are interested in long distance cycling.

### NO MORE EXCUSES. COME ON OUT.

Thank you for taking the time to read about our club. We hope you will join us for one of the many activities we offer and see how much fun cycling can be. We offer something for everyone regardless if your interested in road, off-road, racing or touring. Our club is built on our membership and we are always looking for new people and new ideas. Join our club and its membership and together we will get the most out of the great sport of cycling.



Come visit us on Facebook 'Blizzard Bicycle Club'

or <u>www.blizzardbikeclub.com</u> for all of the news.